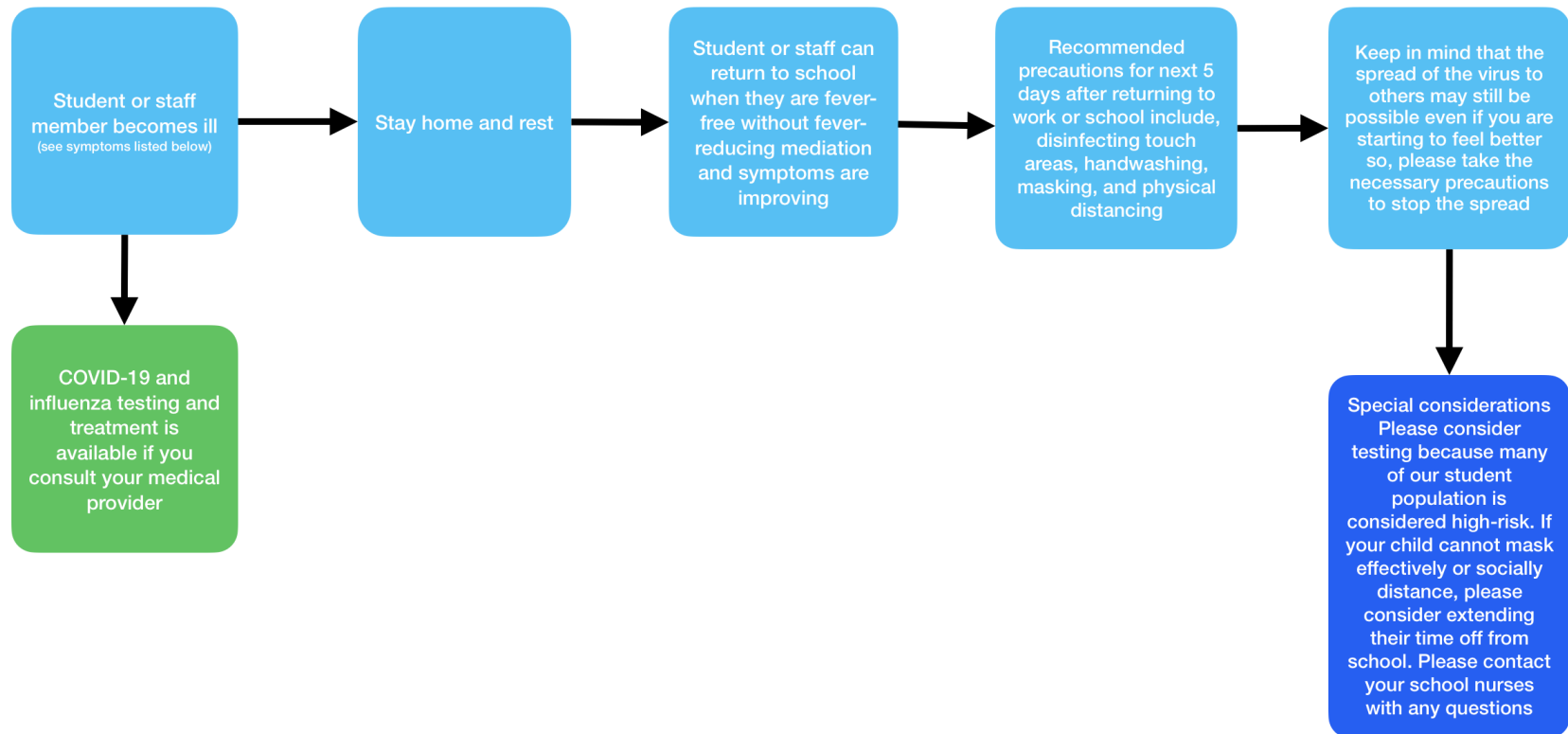


COVID-19 School Protocol

On March 1st, 2024, the CDC released updated recommendations regarding respiratory viruses, including COVID-19.



Symptoms of respiratory illness may include but are not limited to: Chest discomfort, chills, cough, decrease in appetite, diarrhea, fatigue (tiredness), fever or feeling feverish, headache, muscle or body aches, new loss of taste or smell, runny or stuffy nose, sneezing, sore throat, vomiting, weakness, wheezing.

The CDC recommendations suggest not returning to normal activities such as school until symptoms are improved overall for at least 24 hours, and if a fever was present, it has also been gone without use of a fever-reducing medication for at least 24 hours.



COVID-19 School Protocol

CDC PREVENTION STEPS AND STRATEGIES:

- **Staying up to date with vaccination** to protect people against serious illness, hospitalization, and death. This includes flu, COVID-19, and RSV, if eligible.
- **Practicing good hygiene** by covering coughs and sneezes, washing or sanitizing hands often, and cleaning frequently touched surfaces.
- **Taking steps for cleaner air**, such as bringing in more fresh outside air, purifying indoor air, or gathering outdoors.